

Seneca Valley Junior Football Association of Cranberry
P.O. Box 1638 Cranberry Twp., PA 16066

---Teen Coaching Application ---

Name: _____ Cell _____

Address _____

E-mail: _____

Other teens you would like to coach with (*please take note that this is NOT a GUARANTEE that the request will be accommodated and is subject to change as the season begins*):

- 1.
- 2.
- 3.

Age group interest (if interested in more than one please rank 1,2, etc.)

First & Second grade: _____

Third & Fourth grade: _____

Fifth & Sixth grade: _____

Seventh & Eighth grade: _____

Competitive or Game Day Squad: _____

****MUST BE AVAILABLE TO ATTEND ALL COMPETITIONS AND GAMES, IN THEIR ENTIRETY****

Please take note that this is NOT a GUARANTEE that the request will be accommodated. Final determinations will be made based on past year experience within the association, attitude, behavior, commitment, etc. and is subject to change as the season begins.

Prior affiliation with SVJFAC:

Cheer Coaching Experience:

Coaching Experience (other sports) - List Association, League, Team, Age Group and Dates:

Other experiences working with young people. List organizations and dates:

Cheering experience:

Do you participate in a sport, activity or work a job that could possibly interfere with commitment to this organization? If yes, please describe below. Please note that excessive interference with outside activities and jobs may disqualify you from teen coaching, as we need consistent attendance and commitment to our program.

GENERAL RULES OF CONDUCT

Constructive criticism, expressed to the right people, with respect, makes for a better team. Destructive criticism will not be tolerated. Rumoring, gossiping and complaints will not be tolerated. Concerns can be addressed directly with the Coordinator - Ali 724-799-7367 or svcheeritloud@gmail.com

USE OF CELLPHONES AT PRACTICES AND GAMES IS PROHIBITED. UNDER NO CIRCUMSTANCES SHOULD A TEEN COACH BE SITTING DOWN AT PRACTICE AND ON THEIR PHONES. Making Snapchats, Tiktoks and any other social media posts while at practices, and games is **prohibited** and there will be severe consequences for this type of behavior. Furthermore, rumoring, gossiping and complaining about the association, coaches, cheerleaders, etc. whether by mouth or on a social media platform is **prohibited** and there will be severe consequences for this type of behavior.

Making fun of, talking about or just being downright mean to other cheerleaders, SVJFAC squads or opponent squads, Coaches, Teen Coaches, Coordinators or Parents, whether circulated by mouth or social media (facebook, snapchat, tiktok, instagram, etc); **will not be tolerated.** There will be severe consequences for this kind of behavior.

NO vaping/smoking, drinking or swearing in front of the girls. Any teen coach caught vaping/smoking or drinking **AT ANY TIME** (even when not at SVJFAC) will be removed from the program immediately.

No boyfriends or friends at practice - our practices are closed to anyone outside of our program.

EXPECTATIONS

You are working with young girls who look up to you and most likely will be in your shoes one day. They will not be shamed, criticized, mocked or talked to with anything less than respect.

_____ INITIAL

ATTENDANCE IS MANDATORY AT ALL GAMES, COMPETITIONS AND PRACTICES.

While we understand that certain circumstances are unavoidable, they are to be communicated ahead of time, to not only the head coach, but the coordinator as well. Should continued absences be an issue, you will be removed from the program and issued a certificate for the amount of hours volunteered. Should we find out you are lying about attendance, you will be removed IMMEDIATELY from our program.

_____ INITIAL

SV APPAREL MUST BE WORN TO ALL GAMES AND COMPETITIONS AND IF POSSIBLE, TEEN COACHES SHOULD BE MATCHING, ESPECIALLY AT COMPETITIONS AND ON THE FIELD FOR GAMES. PRACTICE ATTIRE - NO CROP TOPS AND NO JEWELRY AND PROPER FOOTWEAR MUST BE WORN). ABSOLUTELY NO UGGS, SANDALS, FASHION TENNIS SHOES. NO OVERSIZED SWEATPANTS OR SWEATSHIRTS AND ABSOLUTELY NO SHORTS THAT ARE SO SHORT, BUM CHEEKS ARE HANGING OUT. IF YOU WOULDN'T WEAR IT TO YOUR SCHOOL CHEER PRACTICE, YOU ARE NOT PERMITTED TO WEAR IT TO OUR PRACTICE.

_____ INITIALS OF BOTH CHEERLEADER AND PARENT. CHEERLEADERS WILL BE SENT HOME FROM PRACTICE, GAMES AND COMPETITIONS - THERE WILL BE NO FIRST WARNINGS.

Volunteer hours will not be a set amount for everyone. We are going to take into account several factors, including but not limited to, practices, games and competitions attended, time put into creating cheers/routines (for game day squads), etc. and then issue the certificate at the end of the season, based on the volunteer hours earned. Head coaches will take attendance and turn in to the coordinator weekly.

Teen coach parent/guardian contact information (please list your one parent/guardian whom we can contact should their be an emergency):

Parent/Guardian Name _____

Address _____

Cell Phone _____

I have read the application in its entirety and understand the requirements and commitment of an SVJ Teen Coach. I understand that submitting this application does not guarantee me a spot in this program.

Teen Coach Signature

Parent/Guardian Signature